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ADULTS are having to move back in with their parents due to rising house prices and soaring debt, new research showed.

An estimated 4.3m single people aged between 25 and 50 have moved back to the family home after being unable to afford to live alone, says dating firm Parship.com

Four out of 10 single people said high house prices meant they were unable to buy their own place.

Also, 'unrealistic' rents on one-bedroom flats meant they could not even afford to rent.

Others said debts they had taken on were the main obstacles to independence.