



THE PHEW YEAR  
By ELEANOR BURNHILL  
12 January 2007

January tops for finding new love

JANUARY is HOT when it comes to hooking up for a first date - despite being one of the gloomiest months of the year, a new study has shown.

Many couples split up or divorce in the New Year, but research shows that next Thursday, January 18 - is the year's biggest night for first dates.

Psychiatrist and dating expert Dr Victoria Lukats said there are plenty of reasons why January is a bonanza time for budding romances.

She added: "This phenomenon isn't caused by global warming, cupid's arrow or a cosmic meeting of the planets.

"It's triggered by a unique combination of loneliness and resolution that just doesn't occur any other time of the year."

In Ireland 76 per cent of singles surveyed said they would be looking for love in January and half admitted to feeling lonelier than any other time of year.

The research of 5,000 European singles by dating website [www.parship.co.uk](http://www.parship.co.uk) revealed three out of four people said they would actively look to meet someone in January - that's 47 per cent looking for a committed relationship, 13 per cent a casual relationship and a fifth would take anything they can get.

Dr Lukats added: "In January we think most people resolve to go to the gym or get themselves out of debt but for many looking for love is priority."

Irish Mirror Comment: Page 8

news@irishmirror.ie

Document DMIRR00020070112e31c00073

